

JOONEJOOKS

2020

	Nimi	Vanusek	07.11-09.11	14.11-16.11	21.11-23.11	28.11-30.11	05.12-07.12	12.12-14.12	3x lühike jooks
1	Andero Stig Saarpere	M...-9	00:28,67	00:27,73	00:28,89	00:27,36	00:27,10		01:22,19
2	Kren-Marten Krapp	M...-9	00:31,60	00:31,26	00:29,32	00:29,51	00:30,64	00:29,89	01:28,72
3	Reno Reinhold	M...-9	00:30,23	00:30,00	00:30,73	00:29,67	00:29,95		01:29,62
4	Krister Toomla	M...-9	00:33,07			00:31,61	00:32,14	00:31,33	01:35,08
5	Romet Kaljur	M...-9	00:35,32	00:34,48	00:33,42	00:34,36	00:33,82	00:33,32	01:40,56
6	Robin Kaljur	M...-9	00:36,20	00:35,29	00:34,39	00:34,64	00:34,20	00:34,32	01:42,91
7	Hugo Lille	M...-9	00:38,26	00:39,92	00:38,82	00:37,42			01:54,50
8	Juss Joosep Saarsoo	M...-9		00:42,36	00:43,02	00:39,95	00:40,45	00:41,48	02:01,88
9	Robin Kovalevski	M...-9		00:48,20	00:48,29	00:44,36	00:43,51		02:16,07
10	Voldemar Kukk	M...-9			01:42,67	01:40,54	02:00,10	02:01,60	05:23,31
	Romet Teearu	M...-9		00:36,82					
1	Maria Kaljur	N ...-9	00:28,32	00:27,45	00:27,10	00:27,39	00:26,95	00:27,88	01:21,44
2	Crystal-Eliis Krapp	N ...-9	00:28,51	00:29,04	00:27,95	00:27,64	00:28,23	00:27,58	01:23,17
3	Emma Lume	N ...-9	00:29,70	00:28,70	00:28,89				01:27,29
4	Isabel Rist	N ...-9		00:31,60	00:32,89		00:33,36		01:37,85
5	Maria Kohv	N ...-9	00:35,64	00:33,86	00:33,70	00:32,74	00:34,10		01:40,30
6	Angela Kovalevski	N ...-9	00:39,36		00:37,77	00:35,11	00:34,02		01:46,90
7	Laura-Rebeka Noorveli	N ...-9	00:37,04	00:36,60	00:37,13	00:35,32			01:48,96
8	Merilyn Luik	N ...-9	00:37,54	00:37,86	00:38,10	00:38,45			01:53,50
9	Hebe-Triin Tali	N ...-9	00:37,95		00:37,95	00:37,95			01:53,85
10	Kaia Toomla	N ...-9	00:43,54			00:35,67	00:38,29		01:57,50
11	Andra Saar	N ...-9	00:45,64	00:45,08	00:43,07	00:44,70	00:42,51	00:45,16	02:10,28
12	Mariel Koovit	N ...-9	00:48,10		00:47,55	00:45,54	00:44,89		02:17,98
13	Miia Mari Saarsoo	N ...-9		01:22,10		01:14,20	01:09,02	01:11,92	03:35,14
	Lenna Lume	N ...-9	00:34,04		00:34,45				
	Elenor Anis	N ...-9				00:34,95			
1	Jako Kohv	M 10-13	00:27,73		00:27,36	00:27,04	00:27,36	00:26,77	01:21,17
2	Joosep Grün	M 10-13				00:27,86	00:27,48	00:27,73	01:23,07
3	Andri Saar	M 10-13	00:30,95	00:29,73	00:29,32	00:28,92	00:29,20	00:28,46	01:26,58
4	Tristan Luik	M 10-13	00:33,04	00:31,82	00:31,13	00:32,02			01:34,97
5	Rainer Toomla	M 10-13	00:50,45			00:44,92	00:44,20	00:47,51	02:16,63

	Andero Klein	M 10-13	00:30,45						
	Kenneth Teearu	M 10-13		00:33,36					
	Markus Vallimäe	M 10-13		00:27,57					
	Karl-Erik Lusti	M 10-13		00:28,92					
	Hendrik Saar	M 10-13			00:29,10	00:27,36			
1	Laura-Liis Kaljur	N 10-13	00:26,58	00:25,54	00:25,95	00:26,54	00:26,16	00:25,16	01:16,65
2	Liis-Marie Kaljur	N 10-13	00:27,64	00:27,32	00:27,42	00:27,13	00:26,95	00:27,02	01:21,10
3	Grete Lume	N 10-13	00:30,04	00:28,76	00:28,95				01:27,75
4	Margot Klettenberg	N 10-13	00:30,67	00:29,70	00:29,04	00:29,61	00:30,92	00:31,20	01:28,35
5	Gerda Paukson	N 10-13	00:38,36	00:36,45	00:38,86	00:35,82			01:50,63
6	Laura Paukson	N 10-13	00:40,32	00:39,67	00:40,02	00:38,92			01:58,61
	Kristiine Mändmets	N 10-13		00:30,95	00:33,00				
	Hele-Mari Jalasto	N 10-13			00:28,82				
	Emma Tammist	N 10-13					00:27,26		

#### JOONEJOOKS + ERGOMEETER

	Nimi	Vanusek	07.11-09.11	14.11-16.11	21.11-23.11	28.11-30.11	05.12-07.12	12.12-14.12	3x pikk jooksu	3x ergomeeter	Jooks+ergomeeter
1	Tõnis Hendrik Tallo	M 14-16		00:33,89		00:34,51		00:32,76	01:41,16	02:13,00	03:54,16
3	Markus Kaljur	M 14-16	00:38,45	00:37,00	00:36,26	00:40,00	00:35,80		01:49,06	02:24,90	04:13,96
2	Henri Sireli	M 14-16	00:34,70	00:35,39	00:34,86	00:34,51			01:44,07	02:35,90	04:19,97
	Kristofer-Robin Grün	M 14-16					00:35,73				00:00,00
1	Greete-Liis Krapp	N 14-16	00:38,92	00:38,73		00:38,23	00:39,26		01:55,88	02:16,60	04:12,48
2	Margaret Klettenberg	N 14-16	00:39,54		00:39,64	00:39,51	00:41,16	00:40,36	01:58,69	02:37,60	04:36,29
3	Hanna Tali	N 14-16		00:38,13	00:38,39	00:38,23	00:37,23	00:37,80	01:53,16	02:44,00	04:37,16
4	Iiris Kangur	N 14-16		00:38,13	00:39,20	00:38,51	00:38,70	00:39,00	01:55,34	02:43,20	04:38,54
5	Grethe Karoline Kaljaste	N 14-16	00:37,42	00:37,60	00:38,39	00:37,95			01:52,97	02:48,40	04:41,37
	Eliise Mändmets	N 14-16		00:42,95							
1	Karl-Martin Krapp	M 17-19				00:35,54	00:35,10	00:36,48	01:47,12	01:58,70	03:45,82
2	Henrik Tali	M 17-19		00:32,51	00:49,36	00:44,63	00:32,94	00:32,70	01:38,15	02:13,30	03:51,45
3	Markos Maidle	M 17-19			00:34,67	00:33,70		00:33,86	01:42,23	02:15,70	03:57,93
	Robert Platais	M 17-19				00:33,64					
1	Triin Kovalevski	N 17-19	00:39,60		00:41,64	00:41,39	00:40,42		02:01,41	02:47,90	04:49,31
	Kelly Ehavée	N 17-19			00:38,23						

1	Kristjan Puusepp	M 20-29	00:36,82	00:36,67		00:35,61	00:37,16		01:49,10	01:44,70	03:33,80
2	Taivo Kovalevski	M 20-29		00:40,86	00:40,82	00:40,29			02:01,97	02:21,70	04:23,67
1	Eveli Kodas	N 20-29			00:41,82	00:40,76	00:41,80		02:04,38	02:38,10	04:42,48
1	Vahur Luik	M 30-39	00:37,29	00:36,64	00:36,92		00:37,10		01:50,66	02:10,10	04:00,76
2	Taavi Kõrvits	M 30-39	00:40,07	00:42,00	00:41,08	00:39,39			02:00,54	02:08,40	04:08,94
3	Siim Lääts	M 30-39	00:42,45		00:39,42		00:38,89		02:00,76	02:19,50	04:20,26
	Andrus Teearu	M 30-39		00:40,10							
1	Merle Noorveli	N 30-39	00:44,51	00:44,17	00:43,48	00:43,60		00:44,00	02:11,08	02:41,50	04:52,58
2	Mari-Liis Kaljur	N 30-39	00:44,64	00:43,07	00:43,92	00:43,89	00:44,82	00:43,73	02:10,69	02:45,40	04:56,09
3	Anu Olde	N 30-39	00:45,64	00:44,20	00:44,82	00:44,32	00:45,64	00:44,05	02:12,57	02:45,40	04:57,97
4	Malle Ellam	N 30-39			01:02,70	01:01,39	01:00,54	00:58,60	03:00,53	03:10,60	06:11,13
1	Renno Reinhold	M 40-49	00:35,26	00:34,89	00:35,51	00:35,02	00:35,36		01:45,17	02:02,40	03:47,57
2	Argo Tali	M 40-49	00:38,80		00:43,02	00:38,45	00:37,51	00:38,07	01:54,03	02:12,80	04:06,83
3	Maanus Lille	M 40-49	00:43,73	00:41,32	00:42,64		00:42,48		02:06,44	02:20,70	04:27,14
	Nils Grün	M 40-49				00:38,23	00:37,32	00:38,17	01:53,72		
	Andrus Toomla	M 40-49	00:38,54								
	Tanel Menning	M 40-49		00:36,70							
1	Reine Klettenberg	N 40-49			00:43,76	00:43,64	00:44,13	00:45,20	02:11,53	02:31,30	04:42,83
2	Helen Viinamäe	N 40-49	00:56,23	00:55,64	00:57,23	00:54,80			02:46,67	02:40,40	05:27,07
1	Sven Koovit	M 50-59			00:27,54	00:27,26	00:27,30	00:27,07	01:21,63	02:06,60	03:28,23
2	Toivo Tallo	M 50-59	00:27,13	00:26,57		00:26,70	00:27,39	00:27,26	01:20,40	02:09,70	03:30,10
1	Kristi Sutt	N 50-59		00:30,86	00:30,30	00:30,20		00:30,67	01:31,17	03:01,20	04:32,37

**ERGOMEETER**
**2020**

	250 m	Vanusek	07.11-09.11	14.11-16.11	21.11-23.11	28.11-30.11	05.12-07.12	12.12-14.12	3x ergomeeter
1	Tõnis Hendrik Tallo	M 14-16		00:44,7		00:43,8		00:44,5	02:13,00
2	Markus Kaljur	M 14-16	00:50,4	00:48,9	00:47,4	00:49,3	00:48,6		02:24,90
3	Henri Sireli	M 14-16	00:54,3	00:52,0	00:51,2	00:52,7			02:35,90
1	Greete-Liis Krapp	N 14-16	00:45,9	00:45,5			00:45,2	00:50,4	02:16,60
2	Margaret Klettenberg	N 14-16		00:52,8	00:52,8	00:52,0	00:53,7		02:37,60
3	Iiris Kangur	N 14-16			00:58,9	00:55,8	00:54,5	00:52,9	02:43,20
4	Hanna Tali	N 14-16		00:53,9	00:57,4	00:56,0	00:55,4	00:54,7	02:44,00

5	Grethe Karoline Kaljaste	N 14-16	00:57,0	00:54,9	00:56,5	00:57,0			02:48,40
	Eliise Mändmets	N 14-16		00:59,9					
1	Karl-Martin Krapp	M 17-19				00:38,6	00:39,2	00:40,9	01:58,70
2	Hendrik Tali	M 17-19			00:46,8	00:43,6	00:44,2	00:45,5	02:13,30
3	Markos Maidle	M 17-19			00:45,3	00:45,5		00:44,9	02:15,70
	Robert Platais	M 17-19				00:44,4			
1	Triin Kovalevski	N 17-19	00:53,0		00:58,8	01:04,7	00:56,1		02:47,90
	Kelly Ehavec	N 17-19			00:52,9				
1	Kristjan Puusepp	M 20-29	00:35,0	00:37,0		00:34,8	00:34,9		01:44,70
2	Taivo Kovalevski	M 20-29		00:47,9	00:45,7	00:48,1			02:21,70
1	Eveli Kodas	N 20-29			00:52,3	00:53,0	00:52,8		02:38,10
1	Taavi Kõrvits	M 30-39	00:44,0	00:43,1	00:43,1	00:42,2			02:08,40
2	Vahur Luik	M 30-39	00:44,3	00:44,3	00:42,5		00:43,3		02:10,10
3	Siim Lääts	M 30-39	00:46,3		00:48,2		00:45,0		02:19,50
1	Merle Noorveli	N 30-39	00:54,3	00:53,9	00:53,3	00:54,5		00:55,1	02:41,50
2-3	Anu Olde	N 30-39	00:56,3	00:56,6	00:55,7	00:54,8	00:54,9	00:56,4	02:45,40
2-3	Mari-Liis Kaljur	N 30-39	00:55,9	00:54,4	00:55,5	00:55,5	00:57,3	00:57,5	02:45,40
4	Malle Ellam	N 30-39			01:12,0	01:04,9	01:05,6	01:00,1	03:10,60
1	Renno Reinhold	M 40-49	00:41,7	00:40,6	00:40,8	00:41,0	00:41,5		02:02,40
2	Argo Tali	M 40-49	00:44,3		00:50,0	00:44,7	00:43,8	00:45,9	02:12,80
3	Maanus Lille	M 40-49	00:48,0	00:47,4	00:47,3		00:47,4	00:46,0	02:20,70
	Tanel Menning	M 40-49		00:40,7					
	Erki Kangur	M 40-49			00:51,4			00:45,7	
1	Reine Klettenberg	N 40-49			00:50,2	00:50,5	00:50,6		02:31,30
2	Helen Viinamäe	N 40-49	00:53,6	00:55,0	00:52,6	00:54,2			02:40,40
1	Sven Koovit	M 50-59			00:42,6	00:42,0	00:42,0		02:06,60
2	Toivo Tallo	M 50-59	00:44,3	00:43,1		00:42,9		00:43,7	02:09,70
1	Kristi Sutt	N 50-59		01:04,3	01:03,6	00:59,0		00:58,6	03:01,20